

Issue 4 3/11/2023

The Shared Learning Trust

THE STOCKWOOD  
PARK ACADEMY

# TS PA TIMES

## The Stockwood Park Academy Newsletter

**STRIVE**ACHIEVE**BELIEVE**



# Head of School Message

Dear Families,

It has been a really positive return after the half term break – Year 11 students have settled into their mock exams and lessons around the Academy have been focused and purposeful. The overwhelming majority of students are putting in real effort into their studies and students are demonstrating real pride in their work.



A group of Year 9 students approached me a few weeks ago, as they wanted to participate in the 'F1 in Schools' programme (which is an international STEM competition for school children, in which groups of 3–6 students have to design and manufacture a miniature car out of the official F1 Model Block using CAD/CAM design tools). The group will be heading up to Aston University in a few weeks time to start their F1 journey.

We are also extremely proud of Suheyra in Year 11 who has been appointed as a Youth Councillor by Luton Council. Suheyra will be introduced to the Leader of the Council and will attend meetings to discuss key issues that affect young people in Luton.

We have made some positive changes to improve the student experience at TSPA. Students often complain about the lack of toilets, so we have created additional capacity so now Year 7 students have toilets that they can use exclusively, whilst other year groups also have designated toilets. This came a result of student feedback – which I listened to and acted on.

Please continue to support the school with the following:

- Make sure your child comes to school on time, every day
- Ensure your child is doing work at home (reading, homework, revision)
- Make sure your child comes in with the correct equipment and in full uniform (no hoodies)
- Let us know if you need any support
- Encourage students to display our values: excellence, responsibility, compassion



We have an exciting 7 weeks ahead of us. In addition to the excellent lessons, we are also making plans for Great Union Day (Romanian National holiday), our clubs/extra-curricular events continue to run, a number of trips have been organised and we also have plans for external visitors to come in to speak to our children. I will also be able to confirm details for our Cultural Day which will take place very early next year – I know that students and staff are very excited about this!

Thank you for your support,

Mr Humayun  
Principal



# Academy Notices & Trip and payment information

Spain  
19th March 2024

Duke Of  
Edinburgh

Prom  
Thursday 11th  
July 2024

CONTACT  
US



01582 722 333



[stockwoodpark@thesharedlearningtrust.org.uk](mailto:stockwoodpark@thesharedlearningtrust.org.uk)



To Report student absence

[TSPASStudentAbsence@thesharedlearningtrust.org.uk](mailto:TSPASStudentAbsence@thesharedlearningtrust.org.uk)



Our Term Dates

[2023 -24 Term Dates](#)

## Extra-Curricular Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Before School</b>	<ul style="list-style-type: none"> <li>Boys Gym</li> </ul>	<ul style="list-style-type: none"> <li>Boys Gym</li> </ul>	<ul style="list-style-type: none"> <li>Girls Gym</li> </ul>	<ul style="list-style-type: none"> <li>Boys Gym</li> </ul>	
<b>Year 7,9 &amp; 11 Lunchtime</b>	<ul style="list-style-type: none"> <li>Basketball – Sports Hall</li> <li>Music/Choir/Music Video Club – PF1</li> <li><u>Sparx</u> Stars – MF3</li> <li>Drama &amp; Stage Makeup – PF5</li> </ul>	<ul style="list-style-type: none"> <li>Basketball – Sports Hall</li> <li>Boys Gym</li> </ul>	<ul style="list-style-type: none"> <li>Cricket – Sports Hall</li> <li>KS3 Dance Club – PF4</li> <li>MFL homework club</li> </ul>	<ul style="list-style-type: none"> <li>Basketball – Sports Hall</li> </ul>	<ul style="list-style-type: none"> <li>Basketball – Sports Hall</li> </ul>
<b>Year 8 &amp; 10 Lunchtime</b>	<ul style="list-style-type: none"> <li>Basketball – Sports Hall</li> <li><u>Sparx</u> Stars – MF2</li> <li>Girls Gym</li> </ul>	<ul style="list-style-type: none"> <li>Basketball – Sports Hall</li> </ul>	<ul style="list-style-type: none"> <li>Cricket – Sports Hall</li> <li>Year 8 Dance Club – PF4</li> <li>MFL homework club</li> </ul>	<ul style="list-style-type: none"> <li>Girls Gym</li> <li>Music/Choir/Music Video Club – PF1</li> </ul>	<ul style="list-style-type: none"> <li>Basketball – Sports Hall</li> </ul>
<b>After School</b>	<ul style="list-style-type: none"> <li>War Hammer Club – MF4</li> <li>Dance Club – PF4</li> <li>Drama Club – PF5</li> <li><u>Yr</u> 7,9 &amp; 11 Music/Choir/Music Video Club –PF1</li> <li><u>Sparx</u> Stars – MF2</li> <li>Netball – Courts</li> <li>KS4 Art &amp; Photography – MG1</li> <li>KS3 Art – MG6</li> </ul>		<ul style="list-style-type: none"> <li>Dungeons &amp; Dragons – RF7</li> <li>Boys Rugby - PE</li> <li>Girls Basketball – Sports Hall</li> <li>3D Printing Club – MG3</li> <li>KS4 Art &amp; Photography – MG1</li> </ul>	<ul style="list-style-type: none"> <li>Chess Club – RF7</li> </ul>	



# Year 7

Mr Poole

Dear parents and carers,

It's been a great first week back after half term, year 7 are well into their learning journeys with many students daily receiving both achievement points and emerald / golden tickets. This week alone we have over 1,200 achievement points logged. This is excellent well done year 7! Our top 7 students in year 7 for achievement points this week are:

W, Natalia 14  
E, Chamberlain 12  
S, Hussain Ali 12  
A, Umaiza 11  
A, Jemima Ojocheyi 11  
F, Inaaya 11  
H, Jood Hazem 11

## Well done!

I am really looking forward to taking a small group of 15 students to Whipsnade Zoo next week on Thursday and students will be coming home today for parents to sign and return with them on Monday. Pictures to follow in our next newsletter.

### Registration Form Present %

7A 97.7%  
7B 92.9%  
7C 93.2%  
7D 94.8%  
7E 95.8%  
7F 92.6%  
7G 96.8%  
7H 94.8%  
7I 96.8%  
7J 90.2%

Over the coming weeks our students will be completing their first synoptic assessments (tests) in each subject. Please can parents support their son / daughter by providing them with a quiet place in the house where they can revise for no more than 1 hour per subject each week. Following the completion of their synoptics students will be able to bring home their completed and marked papers, please can you look through these with your child and discuss following the feedback given from staff, what they can do to improve for their next test. Our aim is for all students to progress against their target grades.

Reading: following the completion of the NGRT reading assessments, it has been highlighted that we have some outstanding readers in year 7, these students will be supported to continue this excellent progress, can all parents please make a point of encouraging their child to read in bed before they go to sleep, this will support them to 'switch off' in a calm way and at the same time, it will improve their reading ages. Students can borrow books from our library or from the Luton library. Please support your child to read, this is one of the most important life skills.

In today's assembly three students are going to receive shop vouchers for their hard work in lessons, I will be pulling three names out of a hat and I am sure they will come home buzzing. Please congratulate your child if they are successful. As always, we continue to strive towards excellence. Keep going year 7. WE. ARE. PROUD. OF. YOU!

Mr Poole  
Head of Year 7



# Year 8

Miss Miller

We hope this newsletter finds you well and your son or daughter had a restful half-term break. We are thrilled to welcome our students back to school.

At the end of the last term, we celebrated by arranging a reward trip to Whipsnade Zoo for the top 15 students with the Most Achievement Points. It was indeed a fun-filled day, although a bit wet, as our students had the opportunity to learn and have a great time together. We want to extend our thanks to Miss Clarke and Miss Pollard for accompanying the students on this trip and ensuring they had a fun day out!

In addition to the zoo trip, we also had a rewards week known as "Emerald Ticket Week." During this special week, students were awarded Emerald Tickets for the following areas: Showing RESPECT to each other, Showing COMPASSION, Being RESPONSIBLE and Demonstrating EXCELLENCE. This week within our assembly we randomly selected the winners for the 3rd place (£10 Voucher), 2nd place (£20 Voucher), and 1st place (£30 Voucher) awards. We are incredibly proud of those students who received these awards and wish to congratulate them on their achievements.

Furthermore, as part of our ongoing commitment to recognising and rewarding positive behaviour, we will soon be organizing another Rewards Trip. This trip is exclusively for students who have not received any detentions during our first term in Year 8.

At the end of the term, we will be also holding a trip for those students who have received a high amount of achievement points since we have come back!

Let's keep going Year 8!!

Miss Miller & Miss Clarke

Current Achievement Points (6<sup>th</sup> Sept – 2<sup>nd</sup> Nov 23)

Registration Form	Achievement Points
8I	1370
8H	1128
8G	1125
8F	711
8A	666
8C	625
8J	552
8B	514
8E	301
8D	279

Current [Attendance](#) (6<sup>th</sup> Sept – 2<sup>nd</sup> Nov 23)

Registration Form	Attendance %
8G	96.1%
8I	95.7%
8J	94.8%
8A	92.0%
8D	92.0%
8E	91.9%
8B	89.8%
8H	89.2%
8F	88.7%
8C	88.4%



# Year 9

Mr Baker

Dear Parents,

It has been great welcoming the students back after half term, with so many of them eager to get straight back into things!

You may have heard from students that the last week of the previous term was about 'Emerald Ticket Week'. Much like Golden Ticket Weeks from last year, this was a special week where students could earn special tickets for excelling in their lessons. We held a draw for these on Wednesday, with massive congratulations to Mirsab, Marian-Raul, and Yousef for winning their shopping vouchers!

The students also had an assembly this week on taking responsibility. It has been a common response from students to say "They did it first" or "He told me to do it", without actually owning the actions they did themselves. Taking responsibility for their own actions is vitally important, especially in Year 9 when they will be the ones who choose which GCSE's options they take.

Students have also been applying for roles within our Student Voice team, and I will be looking forward to sharing how those interviews went in our next entry. The students have been eager to play a part in shaping how academy life is, and this is such a great opportunity in doing so!

As ever, if you have any queries or concerns, please do get in touch with myself or Mrs O'Brien.

<u>Students of the Week!</u> <u>These students have been</u> <u>exceedingly kind and are an example</u> <u>of TSPA habits:</u>	<u>Top Achievement Points</u> <u>Students</u> <u>These students have had a flying</u> <u>start to Year 9 and have been</u> <u>excelling in their lessons, well done!</u>	<u>Achievement Points</u> <u>Form</u> <u>Well done forms 9E and 9G for having</u> <u>the highest achievement points for the</u> <u>last 2 weeks!</u> <u>Registration Form Incidents</u>
<ul style="list-style-type: none"><li>• Hard work – Triston R.</li><li>• Optimism – Thomas L.</li><li>• Resilience – Andrei S.</li><li>• Aspiration – Anaya R.</li><li>• Honesty – Maria B.</li><li>• Kindness – Mahibah H.</li></ul>	<p>–</p> <p>Thomas 12</p> <p>Chidera 11</p> <p>Maryam 10</p> <p>Maria 10</p> <p>Loubna 10</p> <p>Ridwan 10</p> <p>Almin 9</p> <p>Raazia 9</p> <p>Mahibah 9</p> <p>Bilal 9</p>	<p>9E 197</p> <p>9G 112</p> <p>9I 98</p> <p>9J 89</p> <p>9B 88</p> <p>9H 78</p> <p>9F 70</p> <p>9D 61</p> <p>9A 51</p> <p>9C 46</p>



# Year 10

Mr Emery

Hello! Welcome to term 2. It's amazing how fast the school year starts to fly once everyone gets into the swing of things.

Year 10s are now fully imbedded in their studies and understanding the levels required to study at key stage 4. It is a steep learning curve and for some it takes longer to get used to but everyone will reach the standard needed to achieve in their GCSEs.

There is much to celebrate, especially this week. A few weeks ago, Miss Newman presented in assembly the structure of this year's Student Leadership Team. The Student Leadership Team is led by the Senior students from year 11; including the two head students and the deputy head students. There are also four senior students who lead the four committees; students experience, charity, community and education committee. In addition to this, new posts are available for another year group; including year 10.

36 students in year 10 took part in the process for a post in the various committees. The most exciting part of this is that this was more than any other year group, and demonstrates the developing understanding of the opportunities available here at the academy.

Following an application process, shortlisting and then interviews; I'd like to congratulate the following students who were successful.

## **Charity Committee**

Ibraheem A

## **Education Committee**

Fred S

## **Experience Committee**

Emmanuella M & Zakariya A  
Community Committee

Javeria A & Muskaan B

In the new year, there will be plenty more opportunities to join the student leadership team. Especially, as we look to appoint eight new student leaders.



# Year 11

Miss Crow

Hello and welcome to the year 11 newsletter, I can't thank you enough for taking the time to read about the most recent happenings with the year group. We hope your child enjoyed a restful half-term break and we are delighted to welcome our students back to school.

## Mock Exams

We returned this week and Year 11 students have entered straight back into their first set of mock exams this year. As Year 11 students embark on these mock examinations, we are pleased to acknowledge the commendable behaviour and commitment they have shown within the first term of Year 11. The majority of our students have displayed exceptional dedication to their studies, and this is a testament to their resilience and hard work.

Mock examinations are a crucial stepping stone toward the final exams, serving as an invaluable opportunity to practice and refine their knowledge and exam-taking skills. We want to emphasise the importance of thorough preparation for these mock exams, as they provide insight into areas that may require additional focus and attention. We understand that this period can be challenging and stressful, and we want to remind students that the Year Team is here to support them. If any worries or concerns arise, please do not hesitate to reach out to us. We are committed to ensuring that each student feels supported and well-prepared during this important phase of their academic journey.

Students will have further exams next week, and I do hope that student's commitment and positive attitude continues throughout the remainder of the trial exam period and throughout the year.

### Year 11 Trial Exams

#### Week Beginning Monday 30<sup>th</sup> October (Week B)

	Monday 30 <sup>th</sup> October	Tuesday 31 <sup>st</sup> October	Wednesday 1 <sup>st</sup> November	Thursday 2 <sup>nd</sup> November	Friday 3 <sup>rd</sup> November
Period 1 & 2 Morning Exam (Term start)	English Language Paper 1	Religious Studies Computer Science Information Technology (IT)	Combined Science Biology Paper 1 (HF)	Health & Social Care Paper 1 L2 Media Paper 1	French Writing Foundation Spanish Writing HF Computer Science P1 ICT Portuguese Writing Biology French Writing Higher Biology Health & Social Care P2 L2
Period 3 & 4 Lunch	Lessons as normal				
Period 5 & 6 Afternoon Exam	Maths Paper 1 (HF) (Non-Calc)	Geography Paper 1	Maths Paper 2 (HF) Calc	History	English Literature Paper 1

#### Week Beginning Monday 6<sup>th</sup> November (Week A)

	Monday 6 <sup>th</sup> November	Tuesday 7 <sup>th</sup> November	Wednesday 8 <sup>th</sup> November	Thursday 9 <sup>th</sup> November	Friday 10 <sup>th</sup> November
Period 1 & 2 Morning Exam (Term start)	English Literature Paper 2	Science Paper 1 Psychology Paper 1 Child Development Business Paper 1 Business Paper 1	Spanish Writing HF Biology Media IT Turkish Bengali Green Biology	Business Paper 1 Psychology Paper 1 Health & Social Care Paper 1 L2 Computer Science Paper 2 Engineering Child Development	DT Textiles (IT) Art
Period 3 & 4 Lunch	Lessons as normal				
Period 5 & 6 Afternoon Exam	Spanish Lit (HF) Spanish Read (HF)	French Lit (HF) French Read (HF)	Combined Science Chemistry P1 (HF)	Combined Science Physics P1 (HF)	Art

## Emerald Week

Before our Half Term Break, we hosted an "Emerald Ticket Week," a special event during which students earned Emerald Tickets for demonstrating RESPECT, COMPASSION, RESPONSIBILITY, and EXCELLENCE. We will be randomly selecting the winners for the 3rd place (£10 Voucher), 2nd place (£20 Voucher), and 1st place (£30 Voucher) awards, these rewards will be awarded to students during our next assembly, we haven't yet been able to have an assembly due to the Mock Exams. Congratulations to all students that received an Emerald ticket and we can't wait to congratulate and share with you all the winners who will take home these fantastic rewards.

## Youth Councillor

I would like to share the fantastic news and amazing achievement that one of our students has been appointed as a Youth Councillor by Luton Borough Council.

A massive well done to Suheyra S 11D!! We can't wait to hear all about where this exciting opportunity will take you. Suheyra will be attending a meeting at the townhall in the next couple of weeks where she will be introduced to the leader of the council... we are extremely proud of you!

## Weekly Heroes

Please see below our Year 11 weekly Heroes!

- Idriss F 11G- Sharing positivity during form time and respecting classroom rules
- Zaina S 11G- Becoming more confident and wanting to read during form time
- Shueb H 11G – Sharing his future plans with the class end engaging in career talks.
- Sharifah S G111 – Hard work and supporting charity initiatives
- Millie M 11C- For her cheerful disposition and kind words
- Rumaissa I 11C- For being conscientious and a good role model for TSPA habits
- Mishaal N 11A – For excellent attitude in form time and consistently demonstrating the TSPA value of excellence
- Prab K 11A- For excellent attitude in form time and consistently demonstrating the TSPA value of excellence

All the best!!!





# Year 12 +13

Mr Verma

## **Nxt Gen Innovators Mentor Programme**

We were very pleased to welcome colleagues from Nxt Gen Innovators to speak to our sixth-form students about a Mentor programme. As part of this programme, a group of our Year 12 and Year 13 students have now been trained and prepared to act as mentors for younger students. These students will now be supporting younger students by equipping them with the knowledge, skills and habits of mind to prepare for their upcoming public exams and Post-16 options.



## **UCAS Update and Oxbridge Applications**

The year 13 students are currently very busy completing their personal statements and finalising their choices of course and universities in their UCAS application.

Weekly workshops are being held every Wednesday for 2 hours to support students with their applications. We are very pleased that two of our students have applied to the prestigious Oxford university. Both Harry and Roxana has applied to study law at the Oxford University. We wish them all the best for their applications.

## **Att10tive Social Enterprise**

We have been lucky in the last couple of years to be working with partners like Att10tive Social Enterprise. Our students get access to excellent training about preparing for the world of work and Higher Education. Students also receive mentoring training by the youth ambassadors of Att10tive and have benefited greatly. We welcomed colleagues from Att10tive this week to speak to our new year 12 students about the opportunities and support available through Att10tive Social Enterprise.



If you would like the opportunity to meet with a member of our SEN team to discuss any concerns you may have in regards to your child progress please contact us on:

[TSPASENReferral@thesharedlearningtrust.org.uk](mailto:TSPASENReferral@thesharedlearningtrust.org.uk)

And we will arrange for you to meet with either Mrs Mandy Surridge (SENDCo) and/or Mrs Lisa Tingey (Assistant SENCO) who are here to listen to your concerns and help you with answers.

Meanwhile, you can help your child at home by:

- Talking to them about what the barriers to their learning may be
- Encouraging them to engage with and complete all homework
  - Supporting them to come to school fully prepared for a day's learning
- Ensuring that they have 100% attendance in school, missed days at school, leads to missed learning!



## ‘Every Lesson Counts’

We hope this newsletter finds you well and you had a lovely half term.

We'd like to take a moment to emphasize the crucial role that regular attendance plays in your child's education.

Consistent attendance at school is fundamental to your child's academic success. When students attend school regularly, they have the opportunity to engage with their teachers and peers, participate in classroom activities, and stay up-to-date with the curriculum. This interaction is invaluable for their learning and personal growth.

### Does attendance matter?

**YES!** And here are some reasons why:

1. **Learning Continuity**: Regular attendance ensures that your child does not miss out on important lessons, discussions, and assignments. Consistency in attendance helps them build a strong educational foundation.
2. **Social and Emotional Development**: Attending school regularly allows your child to develop social skills, make friends, and build relationships with their peers, contributing to their emotional well-being.
3. **Accountability**: Regular attendance teaches children the importance of responsibility and punctuality, which are essential life skills.

We understand that there may be occasional circumstances that prevent your child from attending school. In such cases, please inform the school as soon as possible, via the contact details below, so that we can offer support and guidance to ensure their continued learning. Furthermore, students must be absent for the minimum duration of time possible (i.e. attending the academy before and after the appointment unless at the very beginning/end of the day).

Thank you for your partnership in your child's education. We look forward to a successful and fulfilling school year. If you have any questions or concerns about attendance, please do not hesitate to reach out to us.

**Absence** - Parents/carers must notify the Academy by 8.30am or as soon as practically possible, by either:

-**Email** to [TSPAStudentAbsence@thesharedlearningtrust.org.uk](mailto:TSPAStudentAbsence@thesharedlearningtrust.org.uk)

or

-**Phone** the main Academy number 01582 722 333, and select option 1 from the menu.

In either case, you should confirm the **name of your child**, their **year and form group**, and the **reason for the absence**.

Best regards,

TSPA Attendance Team



# **JACK, THE LLAMA, THE GOOSE AND THE GIANT**

*A family friendly pantomime.  
Join Jack and their family as they  
battle a giant, win gold and make  
more friends along the way!*

**TICKETS £1.00**



The Shared Learning Trust  
**THE STOCKWOOD  
PARK ACADEMY**

IN COLLABORATION WITH

WORKING PROGRESS  
THEATRE COLLECTIVE

**THURSDAY THE 7TH OF DECEMBER, 6PM, TSPA THEATRE  
FRIDAY THE 8TH OF DECEMBER, 6PM, TSPA THEATRE**

***Tickets available from TSPA Reception or by emailing:  
TSPAPerformingArts@thesharedlearningtrust.org.uk***



# Sparx Reader

## Reading Homework

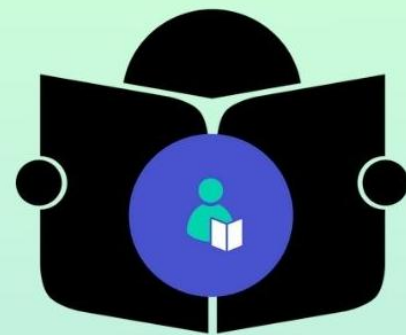
At TSPA students in Year 7 - 9 are expected to complete careful, independent reading each week as part of their homework.

Reading homework is set via the Sparx Reader platform, by their English teacher, and will be posted on Show My Homework. Students are expected to achieve at least 300 Sparx Reader Points each week, which equates to 30 minutes of careful reading. This is compulsory homework that every child in year 7 – 9 is expected to complete.

Students have been logging on to Sparx Reader for the first time over the last two weeks, during their English lessons.

## What is Sparx Reader?

- Sparx Reader is an online platform that supports students to achieve regular, independent, careful reading.
- The platform supports students to improve their reading development.
- Students can choose from a range of ebooks and, as they read, they'll see quick questions to check they're reading carefully.
- Careful readers earn points so they can track their progress and climb the league table!
- There will be rewards for careful readers and those who make good progress!
- Motivated readers who demonstrate consistent, careful reading will unlock Gold Reader, meaning they can read any paper book from the library or from home by scanning in its barcode.



## How to access Sparx Reader

Students log into Sparx Reader at <https://sparxreader.com>

Students can either use their Sparx Maths username and password or use the Microsoft button and their TSPA email/password.

Log in to Sparx using Microsoft

Sparx Reader can be accessed by any internet-connected device with a web browser.

## Support at TSPA

There are a number of opportunities for students to complete reading during the school day:

The library is open at break and lunch times, and until 4pm after school, Monday – Thursday and until 3.30pm on Fridays.

If you have any questions about reading at TSPA or how to support and encourage your child to read, please do not hesitate to contact your child's English teacher in the first instance.

## Support at Home

Sparx Reader adapts to each student's reading level, so it's important that you **don't** help by answering questions for your child. If you help your child, Sparx Reader might think they're a very strong reader and show them books that are too difficult.

The best way to support your child is to ask them about the book they're reading; what aspects they're enjoying, or what characters and events they've recently read about.





# Sparx Reader

## Successes



Well done to the following students who have achieved the top Sparx Reader Points so far!

## LEADERBOARD

### YEAR 7

YEAR 7	
NAME	SRPs
John-Kennedy	8,398
Hephzibah	5,982
Arfah	5,771
Ameena	5,284
Noor Fatima	4,673
Haniya	4,386
Sanjidah	4,297
Malaika	4,252
Jackson	4,169
Sanali Manaya Dimanthi	4,080

### YEAR 8

YEAR 8	
NAME	SRPs
Yashpreet	79,214
Laila	71,243
Shahrin	69,363
Ismey	33,344
Zofia	18,564
Yumna	17,068
Rayhan	15,489
Sharmin	15,300
Kevin	14,472
Aaya	13,653

### YEAR 9

YEAR 9	
NAME	SRPs
Ashnit	21,725
Maria	20,417
Emanuel	18,595
Diamond	18,208
Israt	14,194
Chidera	14,102
Mariam	13,382
Fatima	12,847
Sara	12,697
Momna	11,519

## GOLD READERS

### YEAR 7

John-Kennedy	7D
Hephzibah	7B
Ameena	7H
Noor Fatima	7C
Sanjidah	7B
Malaika	7F
Jackson	7C
Sanali Manaya Dimanthi	7A
Racheal Iyanuoluwa	7J
Kaimuma Mariam	7D
Jemima Ojocheyi	7A
Jood Hazem	7F

### YEAR 8

Marwa	8A
Rayhan	8B
Elman	8B
Ismey	8D
Zofia	8E
Rameen	8E
Jj	8E
Shahrin	8H
Laila	8I
Davita	8I
Yashpreet	8J
Alissa	8J
Ash	8J

### YEAR 9

Diamond	9C
Luiza	9F
Emanuel	9G
Chidera	9G
Mehroze	9H
Ashnit	9I
Mohammad	9I
Deen	9I

Well done to all the students who have unlocked Gold Reader!

Motivated readers who demonstrate consistent, careful reading will unlock Gold Reader, meaning they can read any paper book from the library or from home by scanning in its barcode.



citizens  
advice

SCAN TO LEARN MORE

[p.kaur@thesharedlearningtrust.org.uk](mailto:p.kaur@thesharedlearningtrust.org.uk)

- Identify families you think may benefit from this
- Encourage families to book a slot via Pretam: [p.kaur@thesharedlearntrust.org.uk](mailto:p.kaur@thesharedlearntrust.org.uk)- if you are struggling to reach families please ask Pretam for support
- Where you require translators we can facilitate this

## **FOCUS FOR NOVEMBER – ANXIETY**

### **What is anxiety?**

Anxiety is a feeling of worry or fear that is experienced as a combination of physical sensations, thoughts and feelings.

All children and young people feel worried sometimes, and this is a normal part of growing up. At certain points, such as on their first day at school or before an exam, young people may become more worried, but will soon be able to calm down and feel better.

Anxiety can become a problem when a young person feels stuck in it, or when it feels like an overwhelming, distressing or unmanageable experience. If this kind of worrying goes on for a long time, it can leave a young person feeling exhausted and isolated, and limit the things they feel able to do.

If your child is struggling with anxiety, there are things you can do to help them – including providing emotional support, working on practical strategies together and finding the right professional help if they need it.

### **Symptoms of anxiety**

Anxiety tends to affect a young person's body, thoughts and feelings. They may also behave differently, including turning to certain coping behaviours to try to avoid or manage their anxiety.

#### **Physical symptoms:**

- panic attacks, which can include having a racing heart, breathing very quickly, sweating or shaking
- shallow or quick breathing, or feeling unable to breathe
- feeling sick
- dry mouth
- sweating more than usual
- tense muscles
- wobbly legs
- irritable bowel syndrome (IBS), diarrhoea or needing to pee more than usual
- getting very hot

#### **Thoughts and feelings:**

- preoccupied by upsetting, scary or negative thoughts
- nervous, on edge, panicky or frightened
- overwhelmed or out of control
- full of dread or an impending sense of doom
- alert to noises, smells or sights
- worrying about being unable to cope with daily things like school, friendships and being in groups or social situations
- worrying so much that it is difficult to concentrate and/or sleep

#### **Coping behaviours:**

- withdrawing or isolating themselves – including not wanting to go to school, be in social or group situations, be away from parents or try new things
- repeating certain behaviours, actions or rituals (often called 'obsessive compulsive behaviours')
- eating more or less than usual
- self-harming



# TSPA Health Newsletter

## How to help your child in an anxious moment

When your child is in the middle of a very anxious moment, they may feel frightened, agitated or worried about having a panic attack. The important thing to do in the moment is to help them calm down and feel safe.

These strategies can help:

 <b>Breathe slowly and deeply together.</b>  You can count slowly to five as you breathe in, and then five as you breathe out. If this is too much, try starting with shorter counts. If it works for them, gradually encourage your child to breathe out for one or two counts longer than they breathe in, as this can help their body relax.	 <b>Sit with them and offer calm physical reassurance.</b>  Feeling you nearby, or holding your hand or having a cuddle if it's possible, can be soothing.	 <b>Try using all five senses together.</b>  Connecting with what they can see, touch, hear, smell and taste can bring them closer to the present moment and reduce the intensity of their anxiety. You might think together about five things they can see, four things they can touch, three things they can hear, two things they can smell and one thing they can taste.
 <b>Reassure them that the anxiety will pass and that they will be okay.</b>  It can be helpful to describe it as a wave that they can ride or surf until it peaks, breaks and gets smaller.	 <b>Ask them to think of a safe and relaxing place or person in their mind.</b>  If you haven't tried this before, agree with them when they're feeling calm what this place or person is. It could be their bedroom, a grandparent's house, a favourite place in nature or somewhere they've been on holiday. Sometimes holding a memento of a relaxing place, like a seashell or pebble, can help.	 <b>Encourage them to do something that helps them to feel calmer.</b>  This could be running, walking, listening to music, painting, drawing or colouring in, writing in a journal, watching a favourite film or reading a favourite book.



Wellbeing club will be held after school on Wednesdays from 315 till 415. All year groups are able to attend. We will focus on mental health and wellbeing topics.



**TIME2TALK**  
Weekly drop in sessions on a Friday lunchtime. Available to all students who just want to talk to someone about anything to do with school/health/wellbeing/mental health/friendship issues/exam stress anything at all.

It's a good idea to seek professional support if self help strategies are not making the situation better and anxiety is affecting your child's life – for example if they are feeling persistently anxious, often having distressing thoughts or avoiding things like going out and speaking to others. If you are concerned then you can speak directly to your child's GP. You can also contact school to let us know your concerns.



**Feeling low or stressed?**

**Struggling to cope?**

**Text REFLECT to 85258**  
for free and confidential support, 24/7

**Texting 'REFLECT' to 85258 is anonymous and will not show up on your phone bill.**

# Race Charter



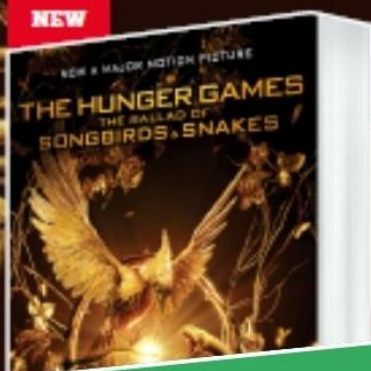
As it is Breast Cancer Awareness Month, the Race Charter invited staff to wear something Pink on Friday, 20/10/2023, to recognise this. It was a simple way of acknowledging and supporting an important cause. We were happy to see a pink and positive end to the Term.



# COME TO THE BOOK FAIR

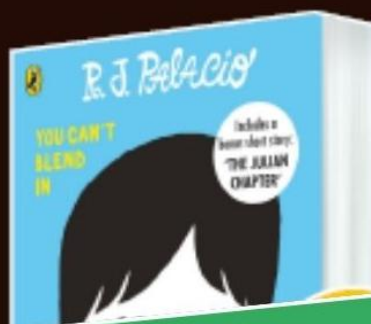
YOUR SUPPORT HELPS EARN  
FREE BOOKS FOR OUR SCHOOL

**NEW**



**£8.99**

**13+**



**£7.99 £4.99**

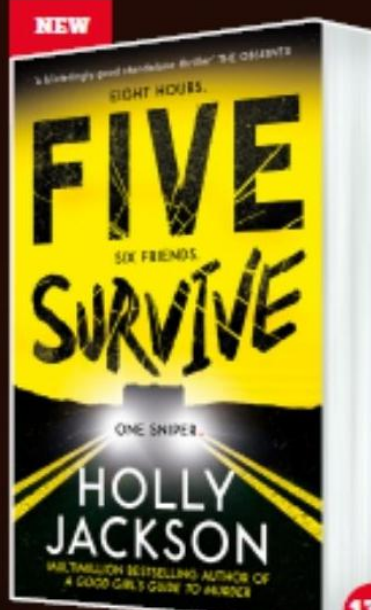


**£12.99 £8.99**

**13+**



**£8.99**



**£8.99**

**13+**



**£8.99**

**13+**

## Payment at our Book Fair

Students can pay at the Fair via card reader machines or by using the online payment link at [www.bookfairs.scholastic.co.uk/pay](http://www.bookfairs.scholastic.co.uk/pay) and simply selecting your school from the drop down menu.

Cash is accepted, but card payment is preferred.



# TSPA Safeguarding Bulletin

OCTOBER 2023 EDITION 1

Welcome to The Stockwood Park Academy safeguarding bulletin!

This is our safeguarding bulletin where you can find many relevant mental health resources and advice such as how to ensure children are safe online, current issues such as vaping, healthy relationships and much more. Our aim is to provide valuable information for parents/ guardians to relevant concerns impacting children today, along with offering support, guidance and helpful knowledge.

## Dangers of vaping.

Vaping is the inhaling of a vapor created by an electronic cigarette (e-cigarette). It's common among teens.

By learning about vaping, parents can:

- Talk to their kids about its health risks.
- Recognize if their child might be vaping.
- Get help for kids who are vaping.



E-cigarettes (or "vape pens") heat a liquid until it becomes a vapor, which is inhaled. The liquid (called e-liquid or "vape juice") can contain nicotine or marijuana distillate or oil. This can lead to addiction, anxiety and depression, becoming a smoker, sleep problems and exposure to cancer-causing chemicals.

Parents can:

- Set a good example by being tobacco-free.
- Try to ensure your child is not exposed to the secondhand smoke or aerosol from any tobacco products, including e-cigarettes.
- Talk to your child about why vaping is harmful for them. It's never too late to have that talk.
- Let your child know you want them to stay away from all tobacco products, including e-cigarettes, because they are not safe for them.

If you feel you need any help then please contact us by phone, in person or by emailing us on [safeguarding@thesharedlearningtrust.org.uk](mailto:safeguarding@thesharedlearningtrust.org.uk)

**CAMHS**  
Child and Adolescent  
Mental Health Services

## CAMHS- Child and Adult Mental Health Services

CAMHS provide help to children and to the wider family, including those with living with foster parents, adopted children and young people living in children's homes. Children can make self-referrals, follow the link to make a referral and to find out more information.

<https://www.elft.nhs.uk/camhs/where-we-work/south-bedfordshireluton-camhs>



## Are your contact details up to date?

It is vitally important that if you change your home phone/mobile/email that you immediately inform the school that we have the most up to date contact details.

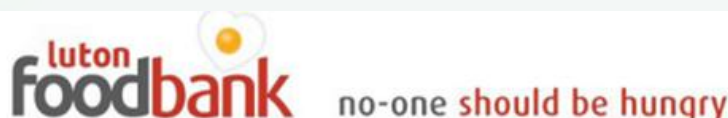


**Luton**

## Multi-Agency Safeguarding Hub (MASH)

If you're concerned about the welfare of a child (0 to 18 years old) please call the MASH team on **01582 547653**.

The number to call for out of normal working hours emergencies is **0300 300 8123**



## Luton Food Bank

If you need food - contact Luton Foodbank by emailing [advisors@lutonfoodbank.org.uk](mailto:advisors@lutonfoodbank.org.uk) or calling **01582 725838** (Mon-Fri, 8.30am-4pm). Further information can be found here <https://lutonfoodbank.org.uk/get-foodadvice/get-advice/>



# **Mrs Kaur- Family Worker**

Hi, my name is Mrs Kaur, I am the Family Support Worker based within the safeguarding team. I have over 3 years of experience working as a family worker. I have experience of working in drugs and alcohol support services and also working within the housing sector.

How can I help you?

- Ø Assistant parents with referrals
- Ø Housing support
- Ø Benefit support
- Ø Financial concerns such as FSM
- Ø Substance use
- Ø Child development
- Ø Parenting programs
- Ø Internet safety
- Ø Signposting to other agencies

## **Drop in sessions**

We are offering new drop in sessions, for parents to come in have a chat with the family worker. Here you can talk about any issues, concerns, parenting advice, benefits support, housing, looking at way to build stronger relationships.

Any one is welcome, time and dates are yet to be confirmed keep an eye out here for more information or please call the family worker if you would like to know more

**p.kaur@thesharedlearningtrust.org.uk**  
or call **01582 722333** and ask to speak with the family worker.

## **Parent referral form**

A parent referral form can be found on our school website:  
<https://stockwoodpark.thesharedlearningtrust.org.uk/family-support-worker/67352.html>

**Call: 01582 722333**

**E-mail: [P.Kaur@thesharedlearningtrust.org.uk](mailto:P.Kaur@thesharedlearningtrust.org.uk).**

**Please do not hesitate to contact me at school if you would like to discuss any specific matters with me.**





We are excited to share news of the launch of the new on-line Luton Borough Council Post 16 Prospectus. One of Stockwood Park Academy's own students stars in the on-line informative videos. Huge well done to our Deputy Head Boy LaShawn Thompson. This prospectus gives vital information and aids the process to next steps such as sixth form, college, T levels or apprenticeships.



Please click on link or scan QR code to gain access.

[www.luton.gov.uk/Post16](http://www.luton.gov.uk/Post16)

The council are interested to gain feedback on the user experience – we will be doing student focus groups here in school but we also welcome parent/carer feedback too. I will be putting a parental/carer feedback form together and sending out shortly – please keep a look out!

Many thanks Mrs Ojulah Careers Leader



# Principal

## Coffee Morning



Parent & carers are invited to join Mr Humayun for tea, coffee & a catch up at  
**The Stockwood Park Academy**



**Wednesday 22nd November**

**9:00am – 10:00am**

For more information & to confirm your attendance, please email  
[s.roe@thesharedlearningtrust.org.uk](mailto:s.roe@thesharedlearningtrust.org.uk)





# Anti-Bullying Update

Dear Parent/Carer,

Please be aware that Anti-Bullying Week 2023 will take place from Monday 13th – Friday 17th November.

This Anti-Bullying Week,  
**let's make a noise** about bullying.



This year's theme is 'Make A Noise About Bullying'. It was selected following consultation with teachers and pupils by the Anti-Bullying Alliance which coordinates Anti-Bullying Week every year in England, Wales and Northern Ireland. Teachers and children wanted a theme that empowered them to do something positive to counter the harm and hurt that bullying causes. Following the success of the campaign in 2022 – when 80% of schools marked the week, reaching over 7.5 million children and young people – Anti-Bullying Week will remind everyone whether it's in school, at home, in the community or online, that together we can bring an end to bullying.

To celebrate Anti-Bullying Week, The Stockwood Park Academy will be hosting daily events designed to inform, engage and support our students. If your child wishes to take part, please encourage them to speak with their form tutor who will have access to the full events calendar.

Should you wish to raise a concern about your child, or if you have any questions regarding our approach to anti-bullying, please do not hesitate to get touch. You can contact me directly at:  
[a.kelly2@thesharedlearningtrust.org.uk](mailto:a.kelly2@thesharedlearningtrust.org.uk)

Thank you for your continued support

Mr A Kelly  
(Head of RSHCE / Anti-Bullying Coordinator)



Please click on the link below to  
translate the document into the  
language you need

[Anti-Bullying Newsletter Website](#)







# RSHCE Update

Dear Parent/Carer,

In this week's newsletter, I would like to share with you the curriculum overview for RSHCE this term. Please see below the lessons scheduled to be delivered to students in YR7-11 over the coming weeks:

## Term 2 – Living in the Wider World

Lesson	YR7 (Learning and Employability Skills)	YR8 (Media and Digital Literacy)	YR9 (Choices and Pathways)	YR10 (Learning and Employability Skills)	YR11 (Media and Digital Literacy)
1 01.11.23	What are my aspirations?	Why is it important to manage your screen time?	What progress have I made towards my aspirations?	Why is it important to evaluate and further develop my learning and employability skills?	How can I create and share content online in a positive, safe and profitable way?
2 08.11.23	What are my strengths, interests, skills, and values and how can I develop them?	What strategies can I use to safely manage personal information and images online?	YR9 ASSESSMENT	What rights do I have as an employee?	What strategies can I use to protect and enhance my personal and professional reputation online?
3 15.11.23	How can I set realistic, yet ambitious, targets and goals?	What are the benefits and opportunities associated with using social media?	YR9 FEEDBACK LESSON	How can I respectfully manage professional relationships and communicate effectively within a team?	YR11 ASSESSMENT
4 22.11.23	YR7 ASSESSMENT	Why is it important to seek and assess a variety of online sources before making a judgement?	How can stereotypes, family and cultural expectations challenge, or even limit, our aspirations?	How can I challenge stereotypes about career pathways, maintain high aspirations and embrace new opportunities?	YR11 FEEDBACK LESSON
5 29.11.23	YR7 FEEDBACK LESSON	How can the way people present themselves online affect them in the present and the future?	What are the benefits of setting ambitious goals?	How can I effectively manage my responsibilities at work, including health and safety procedures?	How is my data used and what strategies are there available to manage this?
6 06.12.23	How can I develop effective organisational skills?	How can I make informed decisions about whether certain content is appropriate to view?	What advice, support and skills do I need to navigate the options process?	What is confidentiality in the workplace, when it should be kept and when it might need to be broken?	What are the different types of online fraud?
7 13.12.23	How can I develop effective communication and presentation skills?	How can extreme views influence people's attitudes and behaviours?	What educational and employment opportunities are open to me?	What is discrimination and harassment in the workplace, and how to challenge it?	How can I identify and protect myself from identity fraud?
8 20.12.23	How can I develop my ability to work effectively with others?	How should I respond when things go wrong online?	Why is it important to think about the future?	Where can I access suitable careers information, advice and guidance?	How can I recognise and challenge social engineering?

This term, lessons will be linked to the theme of 'Living in the Wider World'. This aims to help students develop the social and economic skills required to thrive as responsible and active members of society.

Should you have any questions about this week's newsletter, or the RSHCE curriculum, please do not hesitate to get in touch. You can contact me directly at: [a.kelly2@thesharedlearningtrust.org.uk](mailto:a.kelly2@thesharedlearningtrust.org.uk)

Thank you for your continued support.

Mr A Kelly  
(Head of RSHCE / Anti-Bullying Coordinator)

# Online Homework System

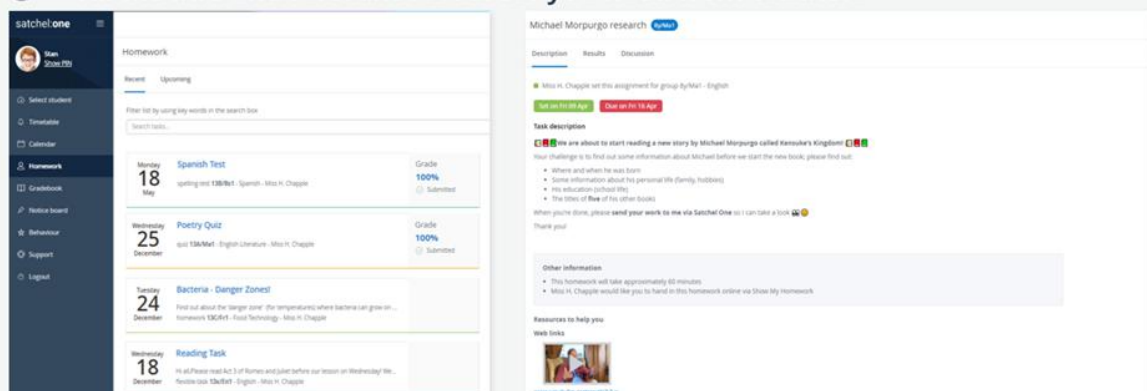
The logo for satchel:one, featuring the word 'satchel:' in white and 'one' in large, colorful letters (blue, yellow, and orange) on a dark blue background.

Parental engagement can improve students' progress by up to three months. By using Show My Homework we hope to actively involve parents in the learning process by giving you insight into homework assignments and all the information you need to support learning from home.

- Notifications to parents surrounding homework
- Parents can view homework tasks and any accompanying resources
- Empower parents to take an active role in their child's education

A screenshot from the parent view...  
Mr Sudbery – Vice Principal

- Keep an eye on their personal To-do Lists
- Click on a task for more details
- All the info and relevant resources you need from teachers

The screenshot shows the satchel:one parent view interface. On the left is a sidebar with navigation options: Select student, Timetable, Calendar, Homework, Gradebook, Behavior board, Behavior, Support, and Logout. The main content area is titled 'Homework' and shows a list of tasks. The first task is 'Spanish Test' on Monday 18 May, with a grade of 100% and a status of 'Submitted'. The second task is 'Poetry Quiz' on Wednesday 25 December, with a grade of 100% and a status of 'Submitted'. The third task is 'Bacteria - Danger Zones!' on Tuesday 24 December, with a grade of 100% and a status of 'Submitted'. The fourth task is 'Reading Task' on Wednesday 18 December, with a grade of 100% and a status of 'Submitted'. On the right, there is a detailed view of a task titled 'Michael Morpurgo research'. It includes a description of the task, a list of resources, and a section for 'Other information'.





# Community Flyers

**CHILDREN'S SERVICES**

Children/Young People must be supervised at all times by Parent/Carer

## 6 WEEK TENNIS COURSE

For ages 10-17 years

**Riverside Tennis Club**  
Goldington Road, Bedford MK40 3EA

Every Tuesday from 31st October 2023 to 5th December 2023

6.30pm - 7.30pm  
Please arrive at 6.25pm for a prompt start to the session

£15.00 per person (AB Member)  
£20.00 per person (non AB Member)

**Book Now**

enquiries@autismbeds.org  
01234 214871 (general enquiries)

## Zoom Parent/Carer Workshop Autism & Demand Avoidance

**Tuesday 28th November 2023  
10am - 1pm**

£15 AB Members / £20 Non-AB Members

**Autism BEDFORDSHIRE**

To book:  
01234 214871  
enquiries@autismbeds.org

**BLMK**  
Community & Transformation Partner

This workshop provides you with the opportunity to explore and understand:

- What is meant by 'demand avoidance' in relation to autism and the controversy over the 'PDA' diagnosis
- The role of anxiety in creating demand avoidant behaviour
- How to prevent and manage demand avoidant behaviour

## Zoom Parent/Carer Workshop Autism & Sensory Processing

**Thursday 23rd November 2023  
10am - 1pm**

£15 AB Members / £20 Non-AB Members

**Autism BEDFORDSHIRE**

To book:  
01234 214871  
enquiries@autismbeds.org

**BLMK**  
Community & Transformation Partner

This workshop provides you with the opportunity to explore and understand:

- The impact of sensory processing differences on the lives of autistic individuals
- Resources and strategies to support health and wellbeing where there are sensory challenges

## CHILDREN'S SERVICES SKILLS4SUCCESS COMMUNICATION & SOCIAL SKILLS

FOR AGES: 16-19

£80 FOR 4 DAYS

**Hope Church, Villa Rd, Luton LU2 7NT**

Monday 23rd October - Thursday 26th October

10:30am - 2:30pm

To book, contact Ebony at: [ebony.willis@autismbeds.org](mailto:ebony.willis@autismbeds.org)

**Autism BEDFORDSHIRE**

## 2023 ANNUAL GENERAL MEETING

**FREE TO JOIN**

Our Special Speaker

**Robyn Steward**  
My Journey and Personal Experiences

**Grove Theatre, Dunstable**  
You can also request to attend virtually

**Mon 30 October 2023  
6:30pm - 9:00pm**

### AGENDA

- 6:30pm Arrivals and refreshments
- 7:00pm Chair of Trustees, Lainey Montgomery
- Review of the year 22/23
- Finance Director Jeff Bulled
- Highlights from the 22/23 accounts
- 7:30pm Robyn Steward, Guest Speaker
- 8:30pm Questions and Raffle

**EMAIL US TO JOIN AT:  
ENQUIRIES@AUTISMBEDS.ORG**



# Community Flyers



**Are you a parent/carer who has used  
SEND Services in Luton?**

**We want to hear about your experiences**

**Your feedback can help shape future education,  
health and care services**

Select link [EPIC Luton PCF Survey 2023](#)  
or

Scan the QR code



EPIC Luton PCF  
Lewsey Community Centre  
Landrace Road  
Luton  
LU4 0SW  
07915787106  
[Contactus@epiclutonpcf.org](mailto:Contactus@epiclutonpcf.org)

5 October 2023



## VOLUNTEERS NEEDED

- Do you want to give back to the community?
- Do you have an hour or two to spare a week?
- We need volunteers to provide companionship to elderly people who are lonely and isolated in Luton
- You can make a difference by visiting or calling an older person once a week
- Do you drive and have your own car?
- We need volunteers to help with deliveries
- If you would like to join us please contact us on 01582 456812 or [gettingon@ageconcernluton.org.uk](mailto:gettingon@ageconcernluton.org.uk)



[www.ageconcernluton.org.uk](http://www.ageconcernluton.org.uk)

### EPIC Luton Parent Carer Forum Annual Survey 2023

Dear Luton Parents and Carers,

EPIC Luton Parent Carer Forum (PCF) is working in collaboration with Healthwatch and wants to hear from parents and carers of children or young people aged 0-25 with Special Educational Needs and Disabilities (SEND) living in Luton.

EPIC Luton PCF is a local independent organisation run by SEND parent/carer volunteers. We work alongside the local authority, education, health and other service providers, to represent the interests, needs and views of Luton's SEND children, young people and their families.

In order to help us improve the education, health and social care provisions in Luton, we ask you to complete the attached survey, so we can understand more about your experiences both good and bad as a parent/carer who has used SEND Services in Luton.

If you have any questions, please email [contactus@epiclutonpcf.org](mailto:contactus@epiclutonpcf.org) and we will get back to you as soon as we can.

Yours faithfully

**EPIC Luton PCF Directors**





# Community Flyers



## COMMUNITY HEALTH & WELLBEING EVENT

HOSTED BY BEDFORDSHIRE FIRE & RESCUE SERVICE AND LEA VALE MEDICAL

**THURSDAY, 16 NOVEMBER 2023, 9:30am-3:30pm**  
ST. JOHNS CHURCH, ROTHERAM AVE, LU1 5PP

Come connect with your local services and community! Explore various health, safety, & wellbeing activities and information stalls.

**Activities Include:** Health Checks, Blood Pressure Testing, Stop Smoking, Health Team Meet & Greet, Dementia Support & Advice, Home Safety Services, Family Support, and MORE!

